


TARA HOTEL

The Tara Hotel is situated at the heart of Ireland's largest Fishing Port, Killybegs. At the Tara Hotel we seek to promote and utilize West of Ireland produce along the Wild Atlantic Way and the Coastal Drive. Our aim is to source locally grown, high quality artisan products to create the perfect menu.

ALLERGEN KEY

- 1 = Cereals containing Gluten
- 2 = Crustaceans & products thereof
- 3 = Eggs & Products thereof
- 4 = Fish & Products thereof
- 5 = Peanuts & Products thereof
- 6 = Soybeans & Products thereof
- 7 = Milk & Products thereof
- 8 = Nuts
- 9 = Celery & Products thereof
- 10 = Mustard & Products thereof
- 11 = Sesame Seeds & Products thereof
- 12 = Sulphur Dioxide & Sulphites
- 13 = Lupin & Products thereof
- 14 = Molluscs & products thereof
-  = Vegan

*Please note that all our meals are produced in an atmosphere which uses all these ingredients (excluding Lupin).



STARTERS

SOUTHERN FRIED CHICKEN WINGS <i>*New Recipe</i>	8.50
Coated in a southern fried seasoning and served with one our signature sauces, smoky BBQ or hot & spicy buffalo, served with our homemade Cashel blue cheese dip. (1,4,6,7,10)	
HOMEMADE GARLIC BREAD WITH CHEESE <i>*New Recipe</i>	5.50
Homemade bread smothered in our own garlic butter, gently toasted under the grill. (1,7)	
BACON & CHEESE POTATO SKINS <i>*New</i>	6.95
Served with a chive cream cheese (3,7,12)	
SOUP OF THE DAY (PLEASE SEE SERVER)	6.00
Served with crusty roll or brown bread. (1,7,9,10)	
MONK & PRAWN GRATIN	9.00
Monkfish & Atlantic Prawn baked in garlic butter, topped with mozzarella cheese, served with wheaten bread. (1,2,4,7)	
KILLYBEG'S SEAFOOD CHOWDER	8.50
Rich creamy chowder with fruits and flavours of the Atlantic, served with wheaten bread. (1,4,7,9,10,12,14)	
DOUBLE BREADED GARLIC MUSHROOMS <i>*New</i>	5.95
Served with tossed leaves and garlic mayonnaise (1,3)	
CRAB MEAT SALAD <i>*New</i>	9.00
Mixed with marie rose and served on a crispy salad with croutons (1,2,3,4,10)	

MAIN COURSES

BAKED ATLANTIC SALMON **New Recipe* 20.50
Fillet of Atlantic Salmon, served on a bed of mash potato with a lemon & dill sauce (4,7,9,10,11)

LEMON PEPPER COD 22.50
Fillet of fresh Killybeg's Cod oven baked with a lemon cream seasoning, on a bed of shrimp risotto and a white wine beurre blanc (1,3,4,7,12)

KILLYBEGS BEER BATTERED COD & CHIPS 16.00
Served with mushy peas, homemade tartar sauce, lemon wedge and chips (1,3,4,6,19)

MONKFISH MEDALLIONS **New* 25.95
With grilled courgette, peppers and a lemon and sage cream based sauce (1,2)

100Z CASTLEFINN SIRLOIN STEAK 25.50
Gallagher butchers tender sirloin steak, cooked to your liking. Served with sauté onions, vine cherry tomato and a choice of pepper or garlic sauce (6,7,12)

CASTLEFINN 6OZ STEAK SANDWICH 17.50
Castlefinn Sirloin served onto a toasted garlic ciabatta, cooked to your liking with sauté onions & with a choice of pepper sauce or garlic butter (1,6,12)

WARM CHICKEN & BACON SALAD 15.50
A warm salad of marinate pieces of chicken, bacon & sliced baby potatoes served on crisp seasonal salad served with our very own duo of dressings (3,7,9,10)

THE TARA BURGER **New Recipe* 15.95
8oz of Prime Castlefinn 100% ground steak burger served in a brioche bun with lettuce, tomato, melted cheese and smoked bacon (1,3,6,7,10,12)
(Add a fried Egg for €1.00)

BREADED CHICKEN FILLET BURGER

Served in our own spice blend crumb and served in a brioche bun, lettuce & tomato 15.95

HOMEMADE BEEF & GUINNESS STEW *New 13.95

Chunky vegetables, potatoes & succulent beef pieces (1,9,12)

HALF ROAST CHICKEN *New 16.00

Served with roast gravy, mash potatoes and vegetables (1,7)

ROAST TURKEY & HAM *New 13.95

Served with herbed stuffing, mash potatoes and vegetables (1,7)

CHICKEN & BACON CARBONARA *New 15.50

In a cream sauce served with homemade garlic bread (1,3,7,12)

THE TARA'S CHICKEN CURRY

With chicken breast pieces served with a savoury rice and garlic & coriander Nan (1,9,10,12) 16.00

SIZZLING CHICKEN STIR FRY

Succulent pieces of chicken in a house marinade with crunchy vegetable and served on a sizzler accompanied by stir fry noodles (1,3,6,9,11) 16.50

HOMEMADE BEEF LASAGNE *New 14.95

Served with side salad and chips (1,3,7)

DONEGAL HAM, EGG & CHIPS

Grilled Donegal ham, two free range eggs, served with chips & salad garnish (3,7) 15.00

CHEFS VEGETABLE CURRY (V)

Chef's homemade curry with crunchy vegetables served with savoury rice (1,9,10) 14.50

ROASTED VEGETABLE PASTA (V) *New 13.50

Peppers, courgettes, onion, and spinach served in traditional Italian tomato sauce



SIDE ORDERS

MASH POTATOES (7,12)	3.50
BABY BOILED POTATOES (7) Plain or with garlic butter	3.50
SAUTE ONIONS	3.50
SAUTE MUSHROOMS (7)	3.50
HOUSE SIDE SALAD (3,10)	3.50
SELECTION OF VEGETABLES	3.50
CHIPS (6,12)	3.50
FLAVOURED POTATOES (7) Garlic Garlic & Rosemary Mint Spice blend	3.50
ONION RINGS (1)	3.50
GARLIC & CORRIANDER NAN BREAD (1,12)	2.00
DIPS Pepper sauce Gravy Garlic Mayo Garlic butter Sweet Chilli Marie Rose Coleslaw	1.50



DESSERTS

€6.50

CHOCOLATE FUDGE CAKE

Served warm with chocolate sauce & vanilla ice cream (1,3,7)

HOUSE STYLE STICKY TOFFEE PUDDING

Topped with rum toffee sauce & served with vanilla ice cream (1,3,7,12)

WARM APPLE PIE

Served vanilla custard (1,3,7,12)

CHEESECAKE OF THE WEEK

Served with Vanilla ice cream (1,3,7)

CRÈME BRULÉE

Served with homemade shortbread and fresh cream (1,3,7)

HOMEMADE TRIFLE

Vanilla sponge, strawberry jelly, custard, fresh cream and chocolate shavings (3,7)

SPECIALALITY COFFEES

Irish coffee | Baileys Coffee | Calypso coffee | Café Royal | Russian Coffee