

## TARA HOTEL

*The Tara Hotel is situated at the heart of Ireland's largest Fishing Port, Killybegs. At the Tara Hotel we seek to promote and utilize West of Ireland produce along the Wild Atlantic Way and the Coastal Drive. Our aim is to source locally grown, high quality artisan products to create the perfect menu.*

### ALLERGEN KEY

- 1 = Cereals containing Gluten
- 2 = Crustaceans & products thereof
- 3 = Eggs & Products thereof
- 4 = Fish & Products thereof
- 5 = Peanuts & Products thereof
- 6 = Soybeans & Products thereof
- 7 = Milk & Products thereof
- 8 = Nuts
- 9 = Celery & Products thereof
- 10 = Mustard & Products thereof
- 11 = Sesame Seeds & Products thereof
- 12 = Sulphur Dioxide & Sulphites
- 13 = Lupin & Products thereof
- 14 = Molluscs & products thereof

\*Please note that all our meals are produced in an atmosphere which uses all of these ingredients (excluding Lupin).

GF = Gluten free    V = Vegetarian





## STARTERS

**PRAWNS & MONKFISH €10.00** (2, 4, 7, GF)

Baked in garlic butter, topped with mozzarella cheese, served with wheaten bread.

**CREAM OF VEGETABLE SOUP €6.00** (7, GF, V)

Served with crusty roll or wheaten bread.

**VEGETABLE CURRY CROQUETTES €8.00** (1, 3, 7, 9, V)

Summer salad leaves with a light balsamic vinegar dressing.

**BRUSCHETTA OF CONFIT TOMATOES €7.50** (1, 7, 8, V Option)

With smoked pancetta, wild garlic pesto & mozzarella cheese on a sourdough bread.

**IRISH MUSSELS COOKED IN A WHITE WINE CREAM SAUCE €7.00** (7, 12, 14)

With dill, parsley & croutons, served with wheaten bread.

**SMOKED CHICKEN SPRING ROLL €9.00** (1, 3, 6, 12)

Served on a baby gem lettuce & mint salad with a sweet soy sauce dressing.

**FRESH DONEGAL OYSTERS (6) €12.00** (12, 14, GF)

Served with a shallot and chilli pickle.



## MAIN COURSES

**BRAISED IRISH LAMB SHOULDER €20.00 (9,12, GF)**

Glazed salsify, wild mushroom and honey lamb jus.

**GRILLED IRISH MATURE SIRLOIN STEAK 10 OZ €27.50 (1,7,9,12)**

Stuffed and roasted marrow bone with garlic parsley crust and a green pepper and brandy sauce.

**PAN FRIED HAKE FILLET €21.50 (1,3,4,7)**

Bell pepper, chilli and tomato concasse potato gnocchi.

**GRILLED HALIBUT STEAK €22.00 (1,3,4,7)**

Prawn and lemon grass cream, dauphine potato and pea puree.

**IRISH CHICKEN FILLET €19.50 (1,3,7,9,12)**

Butter asparagus, red wine sauce, crispy chives and potato bonbon.

**THE TARA BURGER €15.95 (1,7,12)**

Brioche bun, Irish beef burger, red onion and paprika chutney smoked cheddar tomato and salad.

**FISH OF THE DAY (price may vary)**

See server.

**PEA AND WILD MUSHROOM RISOTTO €19.00 (7,8,12, V, GF)**

Fresh parmesan and wild garlic pesto.

**WARM CHICKEN & BACON SALAD €17.00 (3,7,9,10)**

A warm salad of marinate pieces of chicken, bacon & sliced baby potatoes served on crisp seasonal salad served with our very own duo of dressings

**THE TARA'S CHICKEN CURRY €17.00 (1,9,10,12)**

With chicken breast pieces served with a savoury rice

**CHEFS VEGETABLE CURRY  €16.00 (1,9,10)**

Chef's homemade curry with crunchy vegetables served with savoury rice



## **SIDE ORDERS**

**MASHED POTATOES € 3.50 (7)**

**GARLIC POTATO GRATIN €4.00 (7)**

**GARLIC BABY POTATOES €3.50 (7)**

**SELECTION OF VEGETABLES €3.00 (7)**

**SIDE SALAD LEAVES AND BALSAMIC DRESSING €3.00 (12)**

**CREAMY GARLIC RICE €3.50 (7)**

**CHIPS €3.50 (7)**



# DESSERTS

**POPCORN CRÈME BRULEE & BUTTER TUILLE €8.00** (1, 3, 7)

**PINEAPPLE PARFAIT €8.00** (3, 7, GF)

With mango, black pepper, basil salsa & dried pineapple.

**CHOCOLATE BROWNIE €7.00** (1, 3, 7, 8)

Served with vanilla ice cream & Chantilly cream.

**STRAWBERRY BAVAROISE ON WHITE RUM SPONGE €7.00** (1, 3, 7, 12)

With compressed strawberries & vanilla custard.

**STICKY TOFFEE PUDDING €7.00** (1, 3, 7)

Served with toffee sauce & vanilla ice cream.

## SPECIALALITY COFFEES

Irish coffee | Baileys Coffee | Calypso coffee | Café Royal | Russian Coffee

